



# Teacher's Stress Scale

Dr. Reeta Kumari

## Interpretive Report

**VIVEK**  
02 Apr 2025



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## Particulars

Name	VIVEK
Gender	MALE
Reason for Referral	Sample Report
Assessor	VIVEK PATIL

## Disclaimer

This profile arises from self-report questionnaires which may have alterations/variation due to individual's actual level of motivation, interests, experience, values, abilities, skills, mood state etc. than the analysis in the report captured basis the responses shared at the time of testing. The report must be interpreted in the light of corroborating evidence gained during the clinical interview. The findings of this report should be professionally interpreted in the light of other information about the individual. This report may include sensitive information that is likely to be misinterpreted by those without the required training. Authorization for use of this report is limited to the examinee and their designated consultants. Any further use requires the authorization of the examinee or their legal guardian.



## Introduction

This report is based on the subject's responses to the Teacher's Stress Scale. It provides the respondent's composite score and its description. The composite score and its description provided in this report may be interpreted by a competent Mental Health professional only.

## Overview of the test

The Teacher's Stress Scale was developed by Dr. Reeta Kumari. It comprises of 35 items with scoring ranging from 35-175, where 35 represents the minimum and 175 represents the maximum score on the scale. The reliability of the scale is ranging from 0.81-0.87 & content validity was established.



## Results

TOTAL SCORE	QUALITATIVE DESCRIPTOR
99	Average Stress



Teacher's Stress is the integrated whole of problems / demands of teaching profession, due to which the teacher feel Overloaded, Conflict in Role, Powerless, Motivational problem, and problem of relationship at work place with colleagues / principal, which leads him / her to face stress.

## Total Score Interpretation

### Overall\_Average Stress

An average stress score reflects a teacher experiencing a typical level of work-related strain for the profession. Regular periods of higher workload and pressure are expected, but coping mechanisms are generally effective. Autonomy is moderate, with some constraints due to policies or administrative decisions. Maintaining a consistent work-life balance can be challenging. Relationships with colleagues and administration are mixed, with both positive and challenging interactions. Motivation fluctuates depending on the time of year and specific challenges. Occasional physical or emotional symptoms, such as fatigue may be present.



## Item Responses

1	5	2	4	3	3	4	1
5	2	6	3	7	4	8	1
9	2	10	3	11	3	12	3
13	3	14	3	15	3	16	1
17	5	18	1	19	1	20	2
21	4	22	4	23	4	24	3
25	3	26	4	27	2	28	2
29	1	30	1	31	5	32	5
33	2	34	2	35	4		



## Impressions / Suggestions

*Assessor Suggestions for the Report*

Urophi/Prasad